


January 2012

Assisted Living Community Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p style="text-align: right;">1</p> <p>HAPPY NEW YEAR</p> <p>11:00 Exercise Bike (All residents)</p> <p>11:30 Communion</p> <p>2:00 Worship Service</p> <p>4:00 Word Games</p> <p>6:30 Movie Night</p>	<p style="text-align: right;">2</p> <p>9:30 Coffee & News</p> <p>10:00 Yoga</p> <p>2:00 Exercise Bike (1st floor residents)</p> <p>3:30 Uno</p> <p>4:45 Mystery Person</p>	<p style="text-align: right;">3</p> <p>9:30 Coffee & News</p> <p>9:30 Health Check (1st floor residents)</p> <p>11:00 Exercise Bike (2nd floor residents)</p> <p>2:00 Interfaith Comm.</p> <p>3:30 Bingo</p> <p>4:45 Mystery Person</p> <p>6:30 Bananagrams</p>	<p style="text-align: right;">4</p> <p>9:00 Bank & Shop</p> <p>9:30 Coffee & News</p> <p>10:00 Exercise</p> <p>1:30 Knitting Looms</p> <p>3:30 Sing w/ Janna</p> <p>4:45 Mystery Person</p> <p>6:30 Uno</p>	<p style="text-align: right;">5</p> <p>9:30 Coffee & News</p> <p>10:00 Yoga</p> <p>1:30 Dominoes</p> <p>2:00 Catholic Mass</p> <p>2:30 Computer w/ Jacki</p> <p>3:30 Pokeno</p> <p>4:45 Mystery Person</p> <p>6:30 Crosswords</p>	<p style="text-align: right;">6</p> <p>9:30 Coffee & News</p> <p>10:00 Exercise</p> <p>12:15 Piano Music w/ Bob Cleasby</p> <p>1:30 Connect Four</p> <p>2:00 Exercise Bike (3rd floor residents)</p> <p>4:00 Happy Hour</p> <p>6:30 Penny Bingo</p>	<p style="text-align: right;">7</p> <p>10:00 Exercise w/ Carol Carneiro</p> <p>2:30 Entertainment Roger Chartier</p> <p>4:00 Saturday Social Cocoa & Snowflakes & Mystery Person Revealed</p> <p>6:30 Uno</p>		
<p style="text-align: right;">8</p> <p>11:00 Exercise Bike (All residents)</p> <p>11:30 Communion</p> <p>2:00 Worship Service</p> <p>4:00 Word Games</p> <p>6:30 Movie Night</p>	<p style="text-align: right;">9</p> <p>9:30 Coffee & News</p> <p>10:00 Yoga</p> <p>2:00 Exercise Bike (1st floor residents)</p> <p>2:30 Massage</p> <p>3:30 Uno</p> <p>4:45 Mystery Person</p> <p>6:30 Pokeno</p>	<p style="text-align: right;">10</p> <p>9:30 Coffee & News</p> <p>9:30 Health Check (2nd floor residents)</p> <p>11:00 Exercise Bike (2nd floor residents)</p> <p>1:30 Bingo</p> <p>1:45 Nail Care</p> <p>3:00 Entertainment Dr. Stephen Kane</p> <p>4:45 Mystery Person</p> <p>6:30 Hi Low Jack</p> <p>6:30 Rosary</p>	<p style="text-align: right;">11</p> <p>9:00 Bank & Shop</p> <p>9:30 Coffee & News</p> <p>10:00 Exercise</p> <p>11:30 Birthday Lunch Outing</p> <p>1:45 Nail Care</p> <p>3:30 Arts & Crafts</p> <p>4:45 Mystery Person</p> <p>6:30 Uno</p>	<p style="text-align: right;">12</p> <p>9:30 Coffee & News</p> <p>10:00 Yoga</p> <p>11:00 Food Committee</p> <p>1:30 Dominoes</p> <p>2:30 Computer w/ Jacki</p> <p>3:30 Pokeno</p> <p>4:45 Mystery Person</p> <p>6:30 Crosswords</p>	<p style="text-align: right;">13</p> <p>9:30 Coffee & News</p> <p>10:00 Exercise</p> <p>12:15 Piano Music w/ Bob Cleasby</p> <p>1:30 Shopping Trip</p> <p>2:00 Exercise Bike (3rd floor residents)</p> <p>4:00 Wheel of Fortune</p> <p>6:30 Penny Bingo</p>	<p style="text-align: right;">14</p> <p>10:00 Yoga/Meditation</p> <p>2:30 Sunshine Cards</p> <p>4:00 Saturday Social Remembering Martin Luther King & Mystery Person Revealed</p> <p>6:30 Uno</p>		
<p style="text-align: right;">15</p> <p>11:00 Exercise Bike (All residents)</p> <p>11:30 Communion</p> <p>2:00 Worship Service</p> <p>3:00 Entertainment Gary & Joyce</p> <p>4:00 Word Games</p> <p>6:30 Movie Night</p>	<p style="text-align: right;">16 Martin Luther King, Jr. Day</p> <p>9:30 Coffee & News</p> <p>10:00 Yoga</p> <p>2:00 Exercise Bike (1st floor residents)</p> <p>2:30 Massage</p> <p>3:30 Uno</p> <p>4:45 Mystery Person</p>	<p style="text-align: right;">17</p> <p>9:30 Coffee & News</p> <p>9:30 Health Check (3rd floor residents)</p> <p>11:15 Tea for the Soul</p> <p>1:30 Tri Bond</p> <p>1:45 Nail Care</p> <p>2:30 Game Shows</p> <p>3:30 Bingo</p> <p>4:45 Mystery Person</p> <p>6:30 Banagrams</p>	<p style="text-align: right;">18</p> <p>9:00 Bank & Shop</p> <p>9:30 Coffee & News</p> <p>10:00 Exercise</p> <p>1:30 Knitting Looms</p> <p>1:45 Nail Care</p> <p>2:00 Catholic Communion</p> <p>3:30 Sing w/ Janna</p> <p>4:45 Mystery Person</p> <p>6:30 Uno</p>	<p style="text-align: right;">19</p> <p>9:30 Coffee & News</p> <p>10:00 Yoga</p> <p>1:30 Dominoes</p> <p>2:30 Computer w/ Jacki</p> <p>3:30 Pokeno</p> <p>4:45 Mystery Person</p> <p>6:30 Crosswords</p>	<p style="text-align: right;">20</p> <p>9:30 Coffee & News</p> <p>10:00 Exercise</p> <p>12:15 Piano Music w/ Bob Cleasby</p> <p>2:00 Story Teller Rose Pavlow</p> <p>2:00 Exercise Bike (3rd floor residents)</p> <p>4:00 Happy Hour</p> <p>6:30 Penny Bingo</p>	<p style="text-align: right;">21</p> <p>10:00 Exercise w/ Carol Carneiro</p> <p>2:30 Computer Group</p> <p>4:00 Saturday Social Chinese New Year & Mystery Person Revealed</p> <p>6:30 Uno</p>		
<p style="text-align: right;">22</p> <p>11:00 Exercise Bike</p> <p>11:30 Communion</p> <p>2:00 Worship Service</p> <p>4:00 Word Games</p> <p>6:30 Movie Night</p>	<p style="text-align: right;">23</p> <p>9:30 Coffee & News</p> <p>10:00 Yoga</p> <p>2:00 Exercise Bike (1st floor residents)</p> <p>2:30 Massage</p> <p>3:30 Uno</p> <p>4:45 Mystery Person</p> <p>6:30 Pokeno</p>	<p style="text-align: right;">24</p> <p>9:30 Coffee & News</p> <p>11:00 Exercise Bike (2nd floor residents)</p> <p>1:30 Tri Bond</p> <p>1:45 Nail Care</p> <p>2:30 Game Shows</p> <p>3:30 Bingo</p> <p>4:45 Mystery Person</p> <p>6:30 Hi Lo Jack</p> <p>6:30 Rosary</p>	<p style="text-align: right;">25</p> <p>9:00 Bank & Shop</p> <p>9:30 Coffee & News</p> <p>10:00 Exercise</p> <p>1:45 Nail Care</p> <p>3:30 Arts & Crafts</p> <p>4:45 Mystery Person</p> <p>6:30 Uno</p>	<p style="text-align: right;">26</p> <p>9:30 Coffee & News</p> <p>10:00 Yoga</p> <p>1:30 Dominoes</p> <p>2:30 Computer w/ Jacki</p> <p>3:00 Resident Council / Social Hour</p> <p>4:45 Mystery Person</p> <p>6:30 Crosswords</p>	<p style="text-align: right;">27</p> <p>9:30 Coffee & News</p> <p>10:00 Exercise</p> <p>10:30 Shabbat Service</p> <p>12:15 Piano Music w/ Bob Cleasby</p> <p>1:30 Shopping Trip</p> <p>2:00 Exercise Bike (3rd floor residents)</p> <p>4:00 Wheel of Fortune</p> <p>6:30 Penny Bingo</p>	<p style="text-align: right;">28</p> <p>10:00 Yoga/Meditation</p> <p>2:30 Entertainment Soundwaves</p> <p>4:00 Saturday Social Scattergories & Mystery Person Revealed</p> <p>6:30 Uno</p>		
<p style="text-align: right;">29</p> <p>11:00 Exercise Bike (All residents)</p> <p>11:30 Communion</p> <p>2:00 Worship Service</p> <p>4:00 Word Games</p> <p>6:30 Movie Night</p>	<p style="text-align: right;">30</p> <p>9:30 Coffee & News</p> <p>10:00 Yoga</p> <p>2:00 Exercise Bike (1st floor residents)</p> <p>3:30 Uno</p> <p>4:45 Mystery Person</p>	<p style="text-align: right;">31</p> <p>9:30 Coffee & News</p> <p>9:30 Health Check</p> <p>11:00 Exercise Bike (2nd floor residents)</p> <p>1:30 Tri Bond</p> <p>1:45 Nail Care</p> <p>2:30 Game Shows</p> <p>3:30 Bingo</p> <p>4:45 Mystery Person</p> <p>6:30 Bananagrams</p>					<p>A New Year's resolution is something that goes in one year and out the other.</p> <p>~Author Unknown</p>	